### STD Test - HIV, Hepatitis B + C and Syphilis



Test kit for the collection of capillary blood sample, which is then analysed in the laboratory by a screening test for STDs (HIV, Hepatitis B+C, Syphilis). The test is recommended for all persons at risk of such infection and who are older than 16 years of age, e.g. after sexual contact or other form of contact with body fluids of a possibly infected person. This test must not be used by persons with blood clotting abnormalities.

# Package contents Barcode Disinfectant wipes Sampling tube

Sealbag



Do the test in the afternoon on a weekday, so that you can drop your sample in a mailbox before the evening collection time.

Band aids



Take the test at the earliest 14 days after sexual intercourse with infection risk.

#### Take your sample

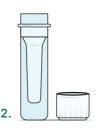
Tissues

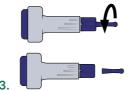
- Wash your hands and wrists with warm water for about 2 minutes to increase the blood flow (see picture 1). Do not rub or clap your hands! This can falsify your results.
- Take the sampling materials (A) out of the test package and place them on a table in front of you (see picture 2).
- Use a disinfectant wipe B to disinfect the fingertip of the finger you intend to prick with the lancet. We recommend the ring finger of your non-dominant hand, but you can also use any other finger aside from your thumbs and pinky fingers.
- Remove the protective pin from the lancet by turning the pin to the left and then pulling it off (see picture 3).
- Stand up and press the nail of the disinfected finger firmly onto the edge of a table (fingertip pointing upwards). With the thumb of the same hand apply pressure below the tip of the ring finger so that the skin of the fingertip tightens. With your free hand, press the lancet against the tightened fingertip (see picture 4 for correct placement of the lancet). Press firmly on the lancet until it "clicks".

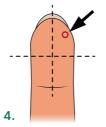
A small cut is made, which may hurt a little. Stop applying pressure to the fingertip with your thumb and wipe off the first drop of blood with the tissue **D**.



Return box







## **STD Test - HIV, Hepatitis B + C and Syphilis**

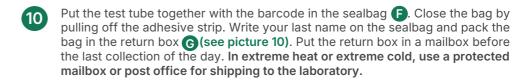


- Hold the test tube vertically and wipe the blood on the inside of the test tube with your finger (see picture 5).
- Ensure continuous blood flow using the "fingertip pump": Continue to hold the bleeding finger and pinch the fingertip of your bleeding finger between the thumb & index finger of your free hand. You should be able to apply pressure to the fingertip (skin should tighten). When you apply pressure on the fingertip, a drop of blood should form (see picture 6).

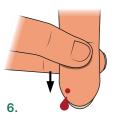
Wait 5-10 seconds to allow more blood to flow into your finger tip. Then apply pressure again.

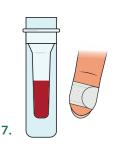


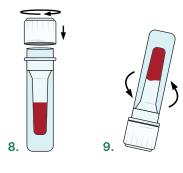














#### Laboratory results

Your results will normally be available 2-3 business days after sending your sample to the laboratory. You will be informed by email when the results are available.



This product is intended for single use only. Do not use the test if the sterile packaging of the sampling tubes or lancets are damaged or if the expiry date (see outer package) of the test has passed. Ask for a new test by contacting us. Underfilling or overfilling the sampling tubes can lead to incorrect analysis results. In case of direct contact of a third person with the blood sample or a puncture injury of a third person with a used lancet, consult a physician, as this may transmit HIV, HCV, HBV or other infectious diseases. Store and transport at 2-25 degrees. Any serious incident related to the device must be reported to the

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