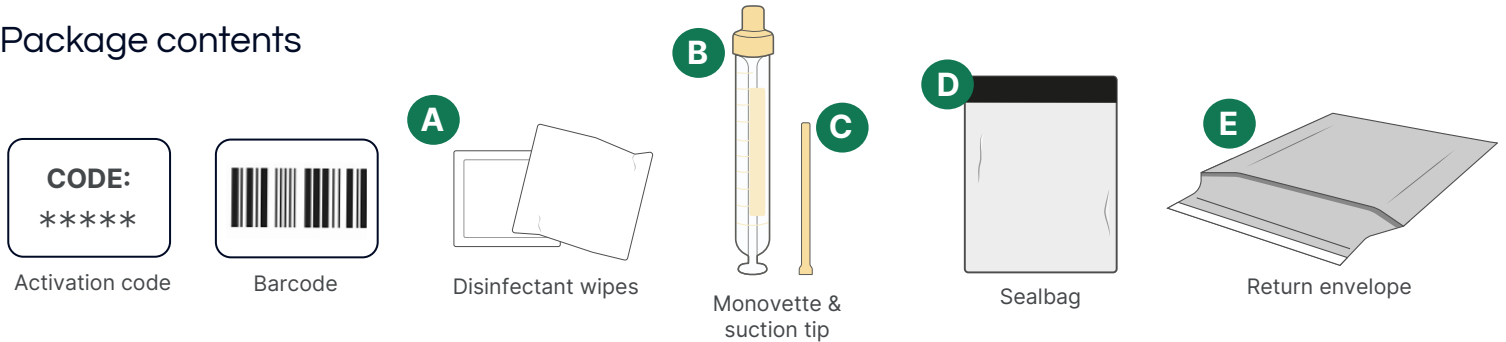


Kit for self-collection of a urine sample for testing for chlamydia and gonorrhoea - responsible for sexually transmitted diseases. The sample is analysed in the laboratory by PCR to detect RNA of the two pathogens. The test is recommended for individuals after any sexual course with risk of infection. To obtain a meaningful test result, the test should be carried out no earlier than 14 days after sexual contact.

Package contents



Step 1: Online test activation



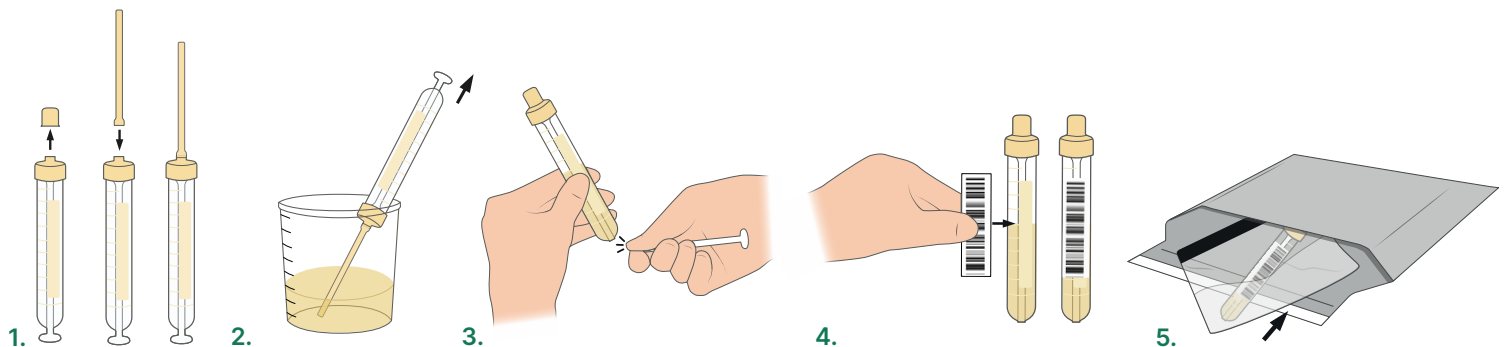
Take the test at the earliest 14 days after sexual intercourse with infection risk.



Enter the enclosed activation code at 360-health.ch and respond to activation questions.

Step 2: Take your sample

- 1** Your last visit to the toilet should be more than an hour ago. Wash your hands. Open the package of disinfectant wipes **A** and use them to disinfect your hands.
- 2** Take a clean glass and urinate a little directly into it (first stream urine!). Empty the rest of your bladder into the toilet.
- 3** Open the packaging of the Monovette **B** and the suction tip **C**. Remove the cap of the Monovette and put it aside for later. **Do not throw it away!** Attach the suction tip to the Monovette (see picture 1). Now dip the suction tip into the urine-filled glass and fill the urine Monovette up to the mark by pulling the plunger out (see picture 2).
- 4** Take the Monovette containing urine out of the container and turn it upside down so that the suction tip points upwards. Pull the plunger out as far as it will go so that the tip empties. Break off the plunger (see picture 3) and remove the suction tip. Replace the cap to close the Monovette and dispose the plunger and suction tip.
- 5** Stick the enclosed barcode onto the Monovette (see picture 4). Put the test tube into the sealbag. **D** Close the bag by pulling off the adhesive strip. Put the sealbag into the return envelope **E** and close it (see picture 5). Put the return envelope in a mailbox before the last collection of the day. **In extreme heat or extreme cold, use a protected mailbox or post office for shipping to the laboratory.**



Step 3: Laboratory results

Your results will normally be available 1-2 business days after sending your sample to the laboratory. You will be informed by email when the results are available.



This product is intended for single use only. Do not use the test if the sterile packaging of the Monovette or the tube itself is damaged or if the expiry date (see outer package) of the test has passed. Ask for a new test by contacting us. Store and transport at 2-25 degrees. Any serious incident related to the device must be reported to the manufacturer.

